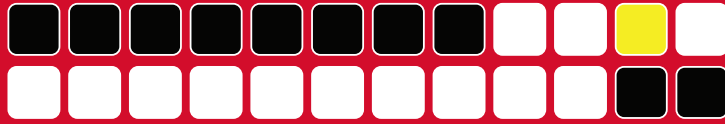


Gavin Adams

SUNDAY



MONDAY



TUESDAY



WEDNESDAY



THURSDAY







FRIDAY



SATURDAY



EVERY WEEK CONTAINS 168 HOURS.

-  SLEEP (56)
-  WORK OR SCHOOL (40)
-  CHURCH SERVICE (2)
-  DISCRETIONARY TIME (70)